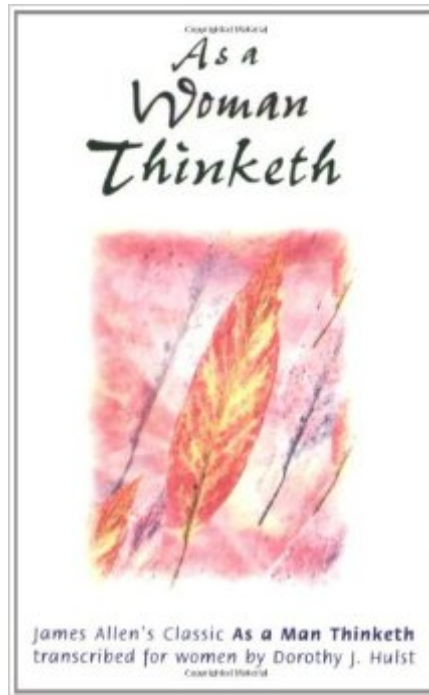


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# As A Woman Thinketh



## Synopsis

Dorothy Jean Hulst, a free-lance writer, had as one of her favorite books *As A Man Thinketh*, by James Allen. In this short volume, Allen expressed his belief that an individual, through the power of positive thought, forms his or her character and consequent happiness. Hulst was inspired by the content of Allen's book but tired of the mental exercise required to substitute feminine equivalents for masculine terms. Using a pencil, she crossed out all masculine references, replacing them with feminine words. The result, *As A Woman Thinketh*, allows women to identify directly and personally with Allen's concepts.

FROM THE AUTHOR: Calmness of Mind is one of the beautiful jewels of wisdom. It is the result of long and patient effort in self-control . . . The calm woman, having learned how to govern herself, knows how to adapt herself to others; and they, in turn, reverence her spiritual strength, and feel that they can learn of her and rely upon her . . . The strong, calm woman is always loved and revered. She is like a shade-giving tree in a thirsty land, or a sheltering rock in a storm.

## Book Information

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## Customer Reviews

This book goes with me nearly everywhere. I'd read it several years ago and it was helpful in getting me to get outside myself, and change my attitude a bit (oh, what a helpless victim of circumstance and other people's actions I'd been!) Later, I ordered up several copies to hand out. When I was an executive, other women would sometimes come to me with complaints about who did this to them, and why they were helpless to change. Everything I suggested had a 'Yeah, but...' attached to it.

Before I hit my mid-40's, I was caught in the drama, feeling responsible and depressed by their circumstances. Then I started handing out copies of the book. I'm sure many thought I was nuts, but a couple have actually gotten the message. I'm not a tough-minded broad, but a bleeding heart liberal who finally realized you can help a fellow working-woman to grow not by solving her problems, but by supporting her as she learns she can do it herself. The language in the book (really a booklet) is based on "As A Man Thinketh", but altered just slightly for women. It is invigorating to realize that what is true for the gander is true for the goose. Don't be put off by the style - "Woman is buffeted by circumstances so long as she believes herself to be the creature of outside conditions, but when she realizes that she is a creative power, and that she may command the hidden soil and sees of her being out of which circumstances grow, she then becomes the rightful master of herself." Oh yes! So, here's the message - what you think and do greatly affects what happens to you. You aren't the victim you think you are, so move on! "As A Man Thinketh" and "As I Think" are also available.

This book has added a lot of richness and inspiration to my relationship with God. It is true that if one thinks negatively all the time nothing good will come out of his/her but if one thinks positively everything he/she does will yield good results: this book makes it perfect and simple to grasp the concept. I will recommend "As a man thinketh" to everyone who is willing to improve upon their thinking process. I also believe that we are what we think. You will not regret spending money on it. I bought one for my husband and I keep mine in my purse for easy access and reference. God bless you.

A friend gave me a copy of this book in 1992. I have read it every year since. It is a great inspiration and a truly profound book. I look forward to reading As a Man Thinketh as well.

I took this book and broke down into sections via highlighting. Some information is to be used daily, as guide for the morning and in the day. Other information was to sit with and look inside myself to see or discover and pray for it to be either removed or dealt with more deeply. Lastly, other information was given as a means of visualizing on, which I liked. Do not think I planned this at all, it was shown to me to do this and I simply followed. I would like to share the visualization; My garden is the representation of my heart as the book states. I look in my garden and I see that it is dark, filled with lifeless leaves, weeds, and the tree roots seem to still have life. There is no sunshine at the back of my house, windows are dark and haunting. This is what I first see and it saddens me. I pray

asking for the removal of whatever it is blocking me from my true inner self. A few days later, I see a bit of sunshine peering through the clouds, I've cleared much of the leaves away, I see a sense of life returning to the back side of the house, the curtains are different; lighter, and where my resentments lay, I've asked for the anger to be removed thus seeing my part in the situation and that spot where weeds were growing is a flower budding as well as buds on the tree. This pamphlet is powerful in that it re-directs a woman to seek herself in her heart and bring what she finds to the surface....my life is truly of my own making.....Look to see what is there, ask for it to be removed, look at your part, and then ask for the change necessary praying all the while...."Change your thoughts and you change your world" Dr. NVPeale

This is a small, but powerful, little book. Take the contents to heart. For a woman, there is more appeal in choosing the "female version" of this booklet. It is inspirational in nature, and the truth of it's subject is what inspires, and makes it powerful. The fact that the phrasing of the statements therein, are in an "old-fashioned" style of speech does not detract from it's valuable message.

The collaborator intended to deliver "As a Man Thinketh" into the hands of women by changing all the pronouns. The message is still the same, but I was distracted by how many male pronouns he missed and one male pronoun that should have remained male, but was changed to female. If you're going to make it gender specific, at least have a good proof-reader to catch your mistakes!

This book is awesome for someone who is looking to become the very best they can be. I was given the book as a gift in my early twenties and lost it while moving. I was happy to find it online and purchased it in great condition. This book helped to shape my character and I'm a better person because of it.

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